

Longing to Get Life Right Psalm 90

I. Moses knows two things for certain:

a. The Eternal God alone is our refuge.

b. God will do whatever it takes to make us holy.

Psalm 90:1-11

- **The Eternal Lord alone is our safe place.**

“Lord, you have been our dwelling place in all generations. Before the mountains were brought forth, or ever you formed the earth and the world, from everlasting to everlasting you are God.” (Psalm 90:1-2)

“God’s aseity means that he is sufficient to himself, independent of anything outside himself. God’s eternity is his aseity with respect to time: Lord of time, existing above and apart from it, but free to enter it to accomplish his purposes.

He transcends time in that (1) he has no beginning or end, (2) he does not change, (3) he is equally conscious of past, present, and future, and (4) he is not limited by the passing of time in what he can accomplish.” **John Frame**

“The eternal God is your dwelling place,
and underneath are the everlasting arms...
Happy are you, O Israel! Who is like you,
a people saved by the LORD,
the shield of your help,
and the sword of your triumph!”

Deuteronomy 33:27-29

- **God will do whatever it takes to make us holy.**

“You return man to dust and say, ‘Return, O children of man!’ For a thousand years in your sight are but as yesterday when it is past and as a watch in the night. You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning; in the morning it flourishes and is renewed; in the evening it fades and withers.” (Psalm 90:3-6)

Life and death is designed to force us to take God, our sin, and our eternity very seriously because left to ourselves, we won't do that.

“We do not have our little devilish nature sitting on one shoulder tempting us and our little angelic nature sitting on the other shoulder restraining us. We have no angel. We have only a devil of a heart telling us we are angels, and we believe it. That guilty naivete about ourselves is how we are born. It's why we hate correction. Theologians call it Original Sin, and it is very real. We need Jesus to save us, first and foremost, from not needing to be saved.” **Ray Ortlund, Jr.**

“It is better to go to the house of mourning than to go to the house of feasting, for this is the end of all mankind, and the living will lay it to heart.”

Ecclesiastes 7:2

4 life-altering truths:

God sweeps us away in death. (vs. 3-6)

God is angry over our sin. (vs. 7-8)

Life is hard to purify us. (vs. 9-10)

This life is not the end of life. (vs.10)

“Who considers the power of your anger, and your wrath according to the fear of you?”

Psalm 90:11

“You will never make yourself feel that you are a sinner, because there is a mechanism in you as a result of sin that will always be defending you against every accusation. We are all on very good terms with ourselves, and we can always put up a good case for ourselves. Even if we try to make ourselves feel that we are sinners, we will never do it. There is only one way to know that we are sinners, and that is to have some dim, glimmering conception of God.”

Martyn Lloyd-Jones

II. Moses Has Three Requests of God Psalm 90:12-17

- **Teach Us to Number our Days: Remind us regularly that our lives are short.**

“So teach us to number our days that we may get a heart of wisdom.”
(Psalm 90:12)

“The great thing is to be found at one’s post as a child of God, living each day as though it were our last, but planning as though our world might last a hundred years.” **C.S. Lewis “Cross Examination” from God in the Dock.**

“Besides this you know the time, that the hour has come for you to wake up from your sleep. For salvation is nearer to us now than when we first believed. The night is far gone; the day is at hand. So let us cast off the works of darkness and put on the armor of light. Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.” **Romans 13:11-14**

Become the Supreme Object of Our Affections: Satisfy Us with Your Love in the Morning.

“Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.” (90:14)

“The worth and excellency of a soul is to be measured by the object of its love. He who loveth mean and sordid things doth thereby become base and vile, but a noble and well-placed affection doth advance and improve the spirit into a conformity with the perfections which it loves.” **Henry Scougal, The Life of God in the Soul of Man**

We become what we worship.

“But whatever gain I had, I counted as loss for the sake of Christ. Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord.” **Philippians 3:7-8**

Establish the Work of our Hands: Make our lives count for eternity.

“Let the favor of the Lord our God be upon us and establish the work of our hands upon us; yes, establish the work of our hands!” (Psalm 90:17)